# Bunnaloo Public School



Striving for excellence in a caring rural community

#### Tuesday 16th May, 2023

Internet: www.bunnaloo-p.schools.nsw.edu.au

#### <u>2023 SCHOOL DATES</u>

#### <u>Term 2</u>

#### <u>May</u>

- 19th Small Schools Cross Country
- 24th Variety Bash Breakfast
- 26th Deniliquin District Cross Country

#### <u>June</u>

- 20th School Photos
- 23rd Reports Go Home
- 28th Parent / Teacher Interviews
- 30th Final Day Term 2

#### P & C Meeting

Our next P & C Meeting will be held on **Monday the 14th of August from 7.00pm**.

#### <u>LOST</u>

Can families please check their child's school jackets that they do not have a Size 8 with LAFFAN written on the name label.

It is the new Style Jacket, not the polar fleece. Thank you

WE ARE A NUT FREE SCHOOL

#### **STUDENT AWARDS**

Arnold Haworth - For introducing himself in the Indonesian language.

Chace Fitzpatrick - For trying very hard to master the recorder.

Murray Park - For bravery in the water.

#### Year 5/6 Narrabeen Excursion

Well Done to all of our students on their excellent efforts, application and behaviour on our recent 7 day excursion to Sydney.

They were a pleasure to take away, they all thoroughly enjoyed the many challengers that they were provided with over our time in Sydney.

A huge thanks also to the P & C and everyone who supported the Year 5/6 fundraising which helped to make the excursion affordable for all of our families.



#### Small School's Cross Country

On **Friday the 19th of May** all students aged 8-12 will be travelling to Memorial Park in Deniliquin to take part in the Annual Deniliquin Small Schools Cross Country Event.

Students will compete in a range of Age Categories 8/9, 10-11 and 12 years.

Buses will depart the school at 10.45am and return in time for afternoon bus runs.

Runners who finish in the first 4 in their age group on the day will qualify to represent the Small Schools at the Deniliquin District Cross Country which will be held at the some venue on **Friday the 26th of May**.

Students will need to bring their recess, lunch and a drink bottle on the day.

Obviously there will be **no hot food on Friday May the 19th** as we won't be at school at lunch time.

Students need to be in sports uniform on the day, a hat may be advisable if it looks like being warm.

Can all families please complete the attached permission note and return it with \$10.00 per student to school by **Wednesday the 17th of May**.

#### Variety Bash Breakfast

We are still a bit light on with helpers for the Variety Bash visit to our school for breakfast.

If you can help in any way at all , or maybe a family member is able to can you please message Amy on 0408 270 903.

#### Life Changer Program

As part of the Variety Bash visit to Bunnaloo on **Wednesday the 24th of May** all students K-6 will take part in a 1 hour Program from 9.30-10.30am that is called Life Changer.

The program is part of the Variety Bash visit and is fully funded by the variety Bash and run by two of their trained presenters.

A summary of the values underlying in the program is included with this newsletter.



#### **Deniliquin Small Schools Cross Country**

I hereby give permission for my child(ren) \_\_\_\_

to attend the Deniliquin Small Schools Cross Country Event at Memorial Park in Deniliquin on Friday the 19th of May.

I realise travel to and from Deniliquin will be by bus.

I enclose \$10.00 per child \_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_









































































































## Recipes

### Soy chicken noodles





500g lean chicken stir-fry strips 1 clove garlic, crushed cooking spray oil 300g mushrooms, sliced 1 cup salt-reduced chicken stock ½ cup salt-reduced soy sauce 2 bunches broccolini, trimmed and cut into 3 equal lengths 2 x 220g packs fresh hokkien noodles, heated following packet instructions

#### Instructions

- 1 Combine chicken strips and minced garlic in a large bowl. Spray with cooking oil. Stir-fry half the chicken in a wok until brown. Transfer to a bowl. Reheat wok and repeat with remaining chicken.
- 2 Add mushrooms to wok and stir-fry until tender. Add stock and soy sauce and boil for 3 minutes. Add broccolini and simmer until tender. Add chicken and noodles and stir-fry until combined and heated through.

## Apple ring pancakes



#### Ingredients

3 Granny Smith apples 1 cup wholemeal self-raising flour ¼ cup raw sugar 1 egg 1/2 cup milk\* approximately ½ tsp cinnamon Olive oil spray

#### Method

Peel, core and slice the apple into 8 rings. Set aside in lemon water.

Sift flour and cinnamon into basin and add sugar. Mix egg and milk together to make 2/3 cup of liquid. Make a well in centre of the dry ingredients and add milk mixture. Stir dry ingredients into milk mixture and beat until smooth to make thick batter.

Spray a large non-stick frypan with olive oil and heat over medium heat. Place a few apple rings in the pan, taking care not to crowd the pan. Slowly pour ¼ cup of batter over each apple ring, starting in the centre. Use just enough batter to cover each ring.

Alternatively, add apple slices to pancake mix and coat well. Use tongs to place apple pieces in the pan.

Cook until bubbles begin to appear. Turn and cook the other side until lightly browned. Repeat with the remaining apple slices. Makes 24.